FISTULAGRAM

Week Before
- This is a low bleeding risk procedure. If you take Lovenox, do not take it the night before or the day of your procedure. You can continue to take aspirin and coumadin.
- Watch any educational videos if sent to your email.

Night Before
- Drink lots of water the night before the procedure.
- Make a list of all the medications you take.
- Do not eat or drink anything for 8 hours prior to your procedure (except medications). Typically, this means do not eat or drink anything after midnight. Do not drink coffee the morning of the procedure.

Day of Procedure
- Take your usual medication with a sip of water. Blood pressure medication is important to take. Do NOT take Lovenox. Leave jewelry and other valuables at home.
- Bring a photo ID, Health Insurance Card, medication list and someone to drive you home.
- Enter through the Emergency Room Entrance.
- Check in at the Volunteer Desk in the Main Lobby.
- Registration (30-45 min)
- Volunteer takes you to DayStay. A nurse will get you ready for your procedure (60 min)
- Procedure (60 min)
- You will be brought back to Day Stay for recovery (usually 1 hour).

After Procedure
- Keep the bandages on for 24 hours. It is ok to shower in 24 hours.
- OK to restart your blood thinners 24 hours after your procedure. Resume all of your other medications immediately.
- If you are in distress or have a medical emergency, call 911.
- If you develop any complications, go to the nearest emergency room and ask the ER to notify the IR doc on call (805) 792-0115.